



**2016 ART THERAPY SYMPOSIUM | ART THERAPY IN END-OF-LIFE CARE:  
POWER OF CREATIVITY IN EXPLORING LIFE, LOSS, AND GRIEF**  
FRIDAY, APRIL 1, 2016 | 9 A.M. — 5 P.M. | LaTour Conference Room, Nazareth Student Center, Marywood University

# REGISTRATION FORM

## REGISTRANT INFORMATION:

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 E-Mail \_\_\_\_\_  
 Employer \_\_\_\_\_  
 Employer Address \_\_\_\_\_  
 \_\_\_\_\_  
 Phone \_\_\_\_\_

## PROFESSIONAL CONTINUING EDUCATION CONTACTS:

**Sue Reilly, Director**  
sreilly@maryu.marywood.edu

**Linda Wrazien, Secretary**  
570.340.6060 • lawrazien@marywood.edu

## HOW TO REGISTER:

- **Register online** at [www.marywood.edu/adult-learners](http://www.marywood.edu/adult-learners)
- **Register in person** with cash or a check. Professional Continuing Education is located at the Swartz Center on University Avenue.
- **Register by mail** with a check or credit card. Mail to: Professional Continuing Education, Marywood University, 2300 Adams Ave., Scranton, PA 18509
- **Register by fax** If your agency is paying for the registration, please include an authorization letter to bill the agency. Fax: 570.961.4798
- **Register by phone** with Visa, Master Card, or Discover. by calling 570.340.6060

**PROGRAM FEE \$90**  
 20% Group Discount for groups of 3 or more who register at the same time. Each participant will receive all related CEUs, program handouts, morning refreshments, and lunch.

**TOTAL AMOUNT DUE \$ \_\_\_\_\_**

## INDICATE METHOD OF PAYMENT:

**CASH** Amount \$ \_\_\_\_\_

**CHECK** Amount \$ \_\_\_\_\_  
 (Payable to Marywood University.)

**CREDIT CARD**  
 Charge to:  Master Card  Visa  Discover  
 Author. # \_\_\_\_\_  
 3-Digit Security Code \_\_\_\_\_ Expiration Date \_\_\_\_\_  
 Signature \_\_\_\_\_

**Bill Agency Authorization letter must be attached. Agency registrations will not be processed without letter of authorization.**

I understand and agree that if, for any reason, my employer refuses payment, if I take leave of my present place of employment, or if I withdraw from the course after the 100 percent cancellation period, I will be responsible for the immediate and full payment of registration fees due.

*Any cancellation one week or more prior to a program will receive a 100 percent refund. No credit for billed or paid registrations will be given after the one-week deadline.*

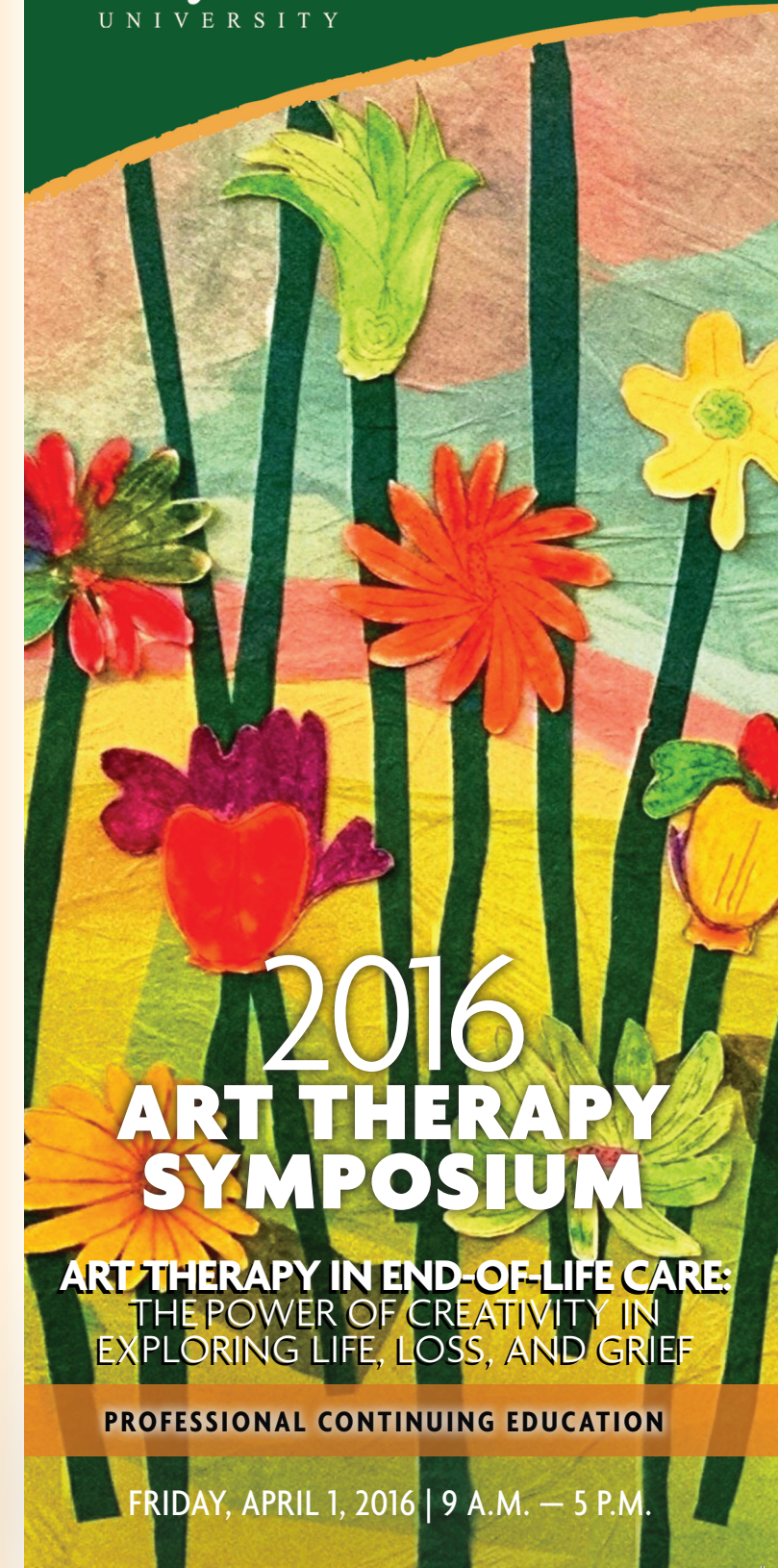
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## PROGRAM DESCRIPTION

Over the course of the Symposium, participants will learn about the growing acceptance of hospice and palliative care in our communities and will discover the power of creative arts for patients and caregivers. Additionally, participants will learn about the variety of ways that grief manifests and will explore how engagement with loss and grief can be empowering in one's own life.

### PARTICIPANT LEARNING OBJECTIVES:

By the end of the symposium, participants will be able to...

- ▶ Define characteristics of hospice and palliative care.
- ▶ Identify three ways hospice and palliative care benefit patients.
- ▶ Define three core connections between meditation, art, and clinical practice.
- ▶ Articulate three ways that creative arts conducted at the bedside can play an important role in helping people navigate chronic illness and end-of-life experiences.
- ▶ Consider the concept of transformation through loss and associated processes of "letting go."
- ▶ Identify three ways that grief can manifest.
- ▶ Explain the importance of witnessing and supporting grief of the bereaved.



## PROGRAM AGENDA

- 9 A.M.** Introduction: Setting Intentions and Grounding
- 9:15 A.M.** Hospice and Palliative Care in our Communities and the Role of the Creative Arts for Patients and their Families
- 10:15 A.M.** Break
- 10:30 A.M.** Art Experiential: Struggle to Strength
- 11:30 A.M.** Discussion
- Noon** Lunch
- 12:45 P.M.** Lecture: Journeying through Grief and Ministering to the Bereaved
- 1:45 P.M.** Break
- 2 P.M.** Art Experiential - A Gift
- 3:45 P.M.** Discussion
- 5 P.M.** Program Ends



# ABOUT THE PRESENTER



## MARY B. SAFRAI, ATR-BC, LCAT, REIKI MASTER

Mary B. Safrai works with hospice and palliative care patients and their families as an art therapist and Reiki Master through her private practice, Healing Arts Brought Home, and with the Visiting Nurse Service of New York Hospice and Palliative Care. Her article about art therapy in hospice appeared in *Art Therapy: Journal of the American Art Therapy Association*.

Mary has worked as an art therapist at Gay Men's Health Crisis, an agency for persons with HIV in New York, and with borderline personality disorder patients in a Dialectical Behavioral Therapy program at St. Vincent's Hospital. She serves on the steering committee of NYC Regional Arts in Healthcare, an organization dedicated to increasing dialogue between the expressive therapies and medical communities. In addition, she serves as the Treasurer of the New York Art Therapy Association.

Mary has presented on the importance of the creative arts in end-of-life care at the American Art Therapy Conference, the Expressive Therapies Summit, Jewish Theological Seminary in New York, and the Mailman School of Public Health at Columbia University. She is passionate about increasing the availability of the creative arts in end-of-life care and building a community of creative arts therapists engaged in such work. Mary presents informally as often as possible to medical and home-care staffs about the benefits of the creative arts to patients, their caregivers, and their families.

## WHO SHOULD ATTEND

ART THERAPISTS  
COUNSELORS  
EDUCATORS  
SOCIAL WORKERS

PROFESSIONALS SEEKING INFORMATION IN THIS FIELD

## CONTINUING EDUCATION CREDITS

**ART THERAPISTS: SIX (6) HOURS**  
Marywood University is recognized by the National Board of Certified Counselors to offer continuing education for Art Therapists and National Certified Counselors.

**COUNSELORS: SIX (6) HOURS**  
Marywood University has been approved by the National Board of Certified Counselors as an approved Continuing Education Provider, ACEP No. 4081. Programs that do not qualify for NBCC Credit are clearly identified. Marywood University is solely responsible for all aspects of the program. Approved for six(6) hours.

**EDUCATORS: SIX (6) HOURS**  
This course is approved for six (6) hours professional development ACT 48 hours.

**SOCIAL WORKERS: SIX (6) HOURS**  
This symposium is approved for six (6) continuing education hours for social workers applicable toward NJ/PA/LSA licensure renewal.

Marywood University, in accordance with applicable provisions of federal law, does not discriminate on grounds of race, color, national origin, sex, age, or disability in the administration of any of its educational programs or activities, including admission, or with respect to employment. Inquiries should be directed to Dr. Patricia Dunleavy, Associate Vice President for Human Resources, Coordinator for Act 504 and Title IX, Marywood University, Scranton, PA 18509-1598. Phone: (570) 348-6220 or e-mail: [dunleavy@marywood.edu](mailto:dunleavy@marywood.edu).