



2014 ART THERAPY SYMPOSIUM

Art Therapy with Students at Risk: Fostering Resilience and Growth through Creative Self-Expression

Friday, April 11, 2014 | 8:30 A.M. — 4:30 P.M.

LaTour Conference Room, Nazareth Student Center, Marywood University

REGISTRATION FORM

REGISTRANT INFORMATION:

Name _____

Address _____

E-Mail _____

Employer _____

Employer Address _____

Phone _____

PROFESSIONAL CONTINUING EDUCATION CONTACTS:

Jill Schroth, Director

570.340.6061 • jschroth@marywood.edu

Linda Wrazien, Secretary

570.340.6060 • lawrazien@marywood.edu

HOW TO REGISTER:

• **Register in person** with cash or a check. Professional Continuing Education is located at the Swartz Center on University Avenue.

• **Register by mail** with a check or credit card. Mail to: Professional Continuing Education, Marywood University, 2300 Adams Ave., Scranton, PA 18509

• **Register by fax** If your agency is paying for the registration, please include an authorization letter to bill the agency. Fax: 570.961.4798

• **Register by phone** with Visa, Master Card, or Discover. by calling 570.340.6060

PROGRAM FEE \$100 for professionals
\$50 for general public

REGISTRATION NUMBER # 11496

20% Group Discount for groups of 3 or more who register at the same time. Each participant will receive all related CEUs, program handouts, morning refreshments, and lunch.

TOTAL AMOUNT DUE \$ _____

INDICATE METHOD OF PAYMENT:

CASH Amount \$ _____

CHECK Amount \$ _____
(Payable to Marywood University.)

CREDIT CARD
Charge to: Master Card Visa Discover
Author. # _____
3-Digit Security Code _____ Expiration Date _____
Signature _____

Bill Agency Authorization letter must be attached. Agency registrations will not be processed without letter of authorization.

I understand and agree that if, for any reason, my employer refuses payment, if I take leave of my present place of employment, or if I withdraw from the course after the 100 percent cancellation period, I will be responsible for the immediate and full payment of registration fees due.

Any cancellation one week or more prior to a program will receive a 100 percent refund. No credit for billed or paid registrations will be given after the one-week deadline.

Marywood
UNIVERSITY

Marywood University Continuing Professional Education
2300 Adams Avenue, Scranton, PA 18509

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2014 Art Therapy Symposium

Art Therapy with Students at Risk:

Fostering Resilience and Growth through Creative Self-Expression

PROFESSIONAL CONTINUING EDUCATION

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PROGRAM DESCRIPTION

Most kindergartners are excited about starting school, but some of these students lose their passion and motivation for learning. Somewhere along their educational journey, they begin to feel alienated and become discouraged. The “four worlds of childhood” are viewed as family, school, peer group, and community. To be alienated is to lack a sense of belonging. The seeds of discouragement are sown when children and adolescents feel alienated from family, school, peer group, and community. Risk factors are variables that increase the likelihood of a maladaptive outcome. Protective factors are variables that increase the likelihood of an adaptive outcome. Resilience is competence in the context of significant challenges to adaptation or development. Protective factors are the specific competencies that are necessary for the process of resilience to occur.

The symposium will focus on fostering resilience and growth through self-expression with diverse at-risk student populations. Emotional competence is one characteristic of resilient individuals. Self-expression is giving vent in constructive form to feelings, emotions, and thoughts at one’s level of development. Creativity, as a reflection of emotional competence, has the power to reverse a harsh reality by turning inward to the imagination. Fostering resilience through creativity is the will to accept the discipline of an art form in order to shape your pain into something else. It is expressing your feelings in flights of fancy and returning to earth in control of yourself and better for the trip.

Within traditional and nontraditional learning environments, the art therapy process allows students to explore personal problems and find ways of making responsible choices. The concept of a Garden of Self, composed of healthy plants, choking weeds, and seeds, can be applied to art therapy with students at risk. The growth and development of these students is being stunted and choked out by academic, behavioral, and social weeds of alienation and discouragement. Therefore, seeds of encouragement must be sown into the lives of students who are academically, behaviorally, or socially at risk, enabling them to experience success.

LEARNING OBJECTIVES

By the end of the symposium, a participant will be able to:

- ▶ Identify and describe the three main characteristics of diverse at-risk students.
- ▶ Provide a rationale for the use of creative art expression to foster resilience and enhance cognitive, emotional, and social growth for at-risk students.
- ▶ Utilize an art experience to promote self-awareness through the recognition of personal strengths, identification and interpretation of individual needs, and identification of personal goals.

PROGRAM AGENDA

8 a.m.	Registration
8:30 a.m.	Introduction
8:45 a.m.	The “Four Worlds of Childhood” and the Seeds of Discouragement
10:45 a.m.	Break
11 a.m.	Risk Factor Variables vs. Protective Factor Variables
12 p.m.	Lunch (included)
12:45 p.m.	The Garden of Self Art Experiential
2:30 p.m.	Break
2:45 p.m.	Fostering Resilience through Creativity
4:30 p.m.	Program Ends

Marywood University, in accordance with applicable provisions of federal law, does not discriminate on grounds of race, color, national origin, sex, age, or disability in the administration of any of its educational programs or activities, including admission, or with respect to employment. Inquiries should be directed to Dr. Patricia Dunleavy, Associate Vice President for Human Resources, Coordinator for Act 504 and Title IX, Marywood University, Scranton, PA 18509-1598. Phone: (570) 348-6220 or e-mail: dunleavy@marywood.edu.

ABOUT THE PRESENTER



STELLA A. STEPNEY, M.S., ATR-BC, LCAT

Stella A. Stepney, M.S., ATR-BC, LCAT is a Registered and Board Certified Art Therapist. She is licensed by New York State as a Creative Arts Therapist and holds a New York State Teaching Certification in Art Education. Ms. Stepney has worked professionally in the field of Art Therapy as a clinician, educator, and independent practitioner. As a published author, her literary contributions to the field of art therapy include *Art Therapy with Students at Risk: Introducing Art Therapy into an Alternative Learning Environment for Adolescents* (2001) and *Art Therapy with Students at Risk: Fostering Resilience and Growth Through Self-Expression* (2010).

Ms. Stepney is a member of the adjunct faculty of Saint-Mary-of-the Woods College in Terre Haute, IN, and Nazareth College in Rochester, NY. She has served the American Art Therapy Association (AATA) as Chair of the Multicultural Committee and a member of the Education Program Approval Board. Currently, she serves the Association as a Director on the Board of Directors.

In this capacity, she is Board liaison to the Multicultural Committee, the Association’s Journal, *Art Therapy: Journal of the American Art Therapy Association*, and the New York, Western New York, Westchester, NY, and New England Chapters. She is a member of the Finance Committee, Strategic Plan Committee, and the Journal Advisory Board. Ms. Stepney is a member of the American Committee, and the Journal Advisory Board. Ms. Stepney is also a member of the American Counseling Association, the Association for Creativity in Counseling, and the Association for Multicultural Counseling and Development. Ms. Stepney is recognized in Aetna’s 2013 *African American History Calendar, Complementary and Alternative Medicine: Celebrating African Americans Practicing Physical and Alternative Healing*, for her work in the field of Art Therapy.

WHO SHOULD ATTEND

ADDICTIONS COUNSELORS
ART THERAPISTS
CERTIFIED CASE MANAGERS
COUNSELORS
EDUCATORS
PREVENTION SPECIALISTS
PSYCHOLOGISTS
SOCIAL WORKERS

PROFESSIONALS SEEKING INFORMATION IN THIS FIELD

CONTINUING EDUCATION CREDITS

Addictions Counselors, Prevention Specialists, Certified Case Managers
PCB approved education for six (6) hours.

Art Therapists
American Art Therapy Association is approved for six (6) **pending** Continuing Education hours.

Educators
This course is approved for six (6) hours professional development ACT 48 hours.

Counselors
Marywood University is recognized by the National Board of Certified Counselors to offer Continuing Education for National Certified Counselors. They adhere to NBCC Continuing Education guidelines for six (6) hours.

Psychologists
Marywood University is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. They adhere to NBCC Continuing Education guidelines for six (6) hours.

Social Workers
This program is approved for six (6) Continuing Education hours for social workers for NJ/PA LSW licensure renewal.